

DR. SUSANNAH PARKE, D.O.
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EMPLOYMENT EXPERIENCE

- 03/01/2022 - present* Susannah Parke, DO, PLC at 231 Little Lake Dr, STE E, Ann Arbor, MI
- 02/01/2017-12/31/2022* Susannah Parke, DO, PLC within Integrative Healthcare Providers of Ann Arbor
Ann Arbor, MI
- 01/01/2016 -1/31/2016* *Started business, Susannah Parke D.O., PLC. Worked at A²OMM (Ann Arbor
Osteopathic Manipulative Medicine)*
- 2013-present*
2015-2018 *Adjunct Clinical Faculty*
Michigan State University College of Osteopathic Medicine, Dept of OMM/NMM
University of Michigan, Dept of PM&R, Spine/MSK faculty
- 11/1/14 - 12/16/15* *Clinical Lecturer/Faculty*
University of Michigan, Dept of PM&R, Ann Arbor, MI

EDUCATION

- 7/1/13 - 6/30/14* *Osteopathic Manipulative Medicine / Neuromuscular medicine +1 year*
Sparrow Hospital and Michigan State University, East Lansing, MI
- 7/1/10 - 6/30/13* *Physical Medicine and Rehabilitation Residency*
University of Michigan Health System, Ann Arbor, MI
- 7/1/09 - 6/30/10* *Traditional Osteopathic Rotating Internship*
Berkshire Medical Center, Berkshire, MA
- 8/1/05 - 6/30/09* *Doctor of Osteopathic Medicine*
University of New England College of Osteopathic Medicine, Biddeford, ME
- 8/1999 - 5/2003* *Bachelor of Arts, Biology*
Colby College, Waterville, ME

MEMBERSHIPS ON PROFESSIONAL SOCIETIES

- 1/18/2022 - present* Yoga Alliance
- 2/19/14 - present* Osteopathic Cranial Academy
- 3/2013 - present* American Academy of Osteopathy
- 5/2009 - present* American Osteopathic Association
- 1/2013 – 1/2015* AOCPMR
- 10/2015 – 2020* Hackett Hemwall Patterson Foundation
- 11/2014 – 11/2015* AOA Prolotherapy and Regenerative Medicine
- 1/2016 – 1/2017* Michigan Osteopathic Association, SE region delegate

CERTIFICATIONS

- Yoga Teacher (RYT 200 at Spirit Rising), Jan 2022
- AOA Board Certified in PM&R, 1/6/15 – present
- AOA Board Certified in OMM/NMM, 1/1/2020 - present

PUBLICATIONS & PRESENTATIONS

Presentation: Education on hEDS/HDS for Patients and Providers, with Dr Amanda Dakroub, 3/7/2023, Ann Arbor, MI.

Publication, Ch 23: *Residual Limb Skin Challenges that Influence Prosthetic Restoration.* Prosthetic Restoration and Rehabilitation of the Upper and Lower Extremity; University of Michigan, 2014

Presenter, *Morbidity and Mortality: DVT cases; Low back pain guidelines, how are we doing?* Grand Rounds; University of Michigan Department of Physical Medicine and Rehabilitation, Ann Arbor, MI, April 4, 2013.

Poster, *Maternal Weight Gain and Fetal Outcomes in Women with Physical Disabilities.* American Academy of Physical Medicine and Rehabilitation Annual Assembly, Atlanta, GA, November 2012

Presenter, *Osteopathic Manipulative Treatment: How much does it cost?* Grand Rounds; University of Michigan Department of Physical Medicine and Rehabilitation, Ann Arbor, MI October 2012

Presenter, *Wilderness Medicine for You and Your Active Patient.* Grand Rounds; University of Michigan Department of Physical Medicine and Rehabilitation, Ann Arbor, MI, May, 2012

Presenter, *Neurotoxins in EMG.* Neuromuscular Conference; University of Michigan Department of Neurology and Physical Medicine and Rehabilitation, Ann Arbor, MI, March, 2012

Presenter, *Maternal Weight Gain and Fetal Outcomes in Women with Physical Disabilities.* Ted Cole Resident Research Day; University of Michigan Department of Physical Medicine and Rehabilitation, Ann Arbor, MI, November 11, 2011 and November 8, 2012.

RESEARCH

Pilot Study, Effect of Acupuncture on COBB Angle and Spinal Rotation in Patients with Scoliosis. (In Progress 2024 in collaboration with Heather Sloan, LAc. In Ann Arbor, MI.

Publication submitted to JAOA, Osteopathic Manipulative Treatment and Effects on Sleep Quality: A Pilot Study. Michigan State University College of Osteopathic Medicine, East Lansing, MI. 2013-2014.

Publication, BA Jude, Y. Pobezinskaya, J. Bishop, S. Parke, R. Medzhitov, A. Chervonsky, and T. Golovkina. Subversion of the innate immune system by retrovirus. *Nature Immunology*. 2003 Jun;4(6): 573-8.

Clinical Research Assistant, 2003-2005 for publication by Reindollar et al. A randomized clinical trial to evaluate for optimal treatment for unexplained infertility: the fast track and standard treatment (FASTT) trial. *Fertility and Sterility*, August 2010, Vol 94 (3).

TEACHING

Clinical Lecturer, Department of PM&R, University of Michigan, Ann Arbor, MI 2014-2016

Lecture, Intro to Manual Medicine Workshop, Department of PM&R, University of Michigan, May 30th, 2015

Lecture, OMT for Cervical-Thoracic Junction, Department of PM&R, University of Michigan, May 26th, 2015

Lecture, Board Review: Cervical Spine, MSUCOM, East Lansing, February 13, 2014.

Lecture, *Is it Neurological? Evaluation of the Upper Extremity*, SAAO; MSUCOM, E. Lansing, October 2013.

Faculty, Assist teaching OMM/NMM labs and manage student clinic, MSUCOM, E. Lansing, MI, 2013-214.

Instructor, Teaching musculoskeletal and neurological exams to medical students, University of Michigan, Ann Arbor, MI, November 14, 2011, December 6&8, 2011, December 4, 2012.

Assistant Table Trainer, Student OMM Labs, UNECOM, Biddeford, ME, 8/2006 – 8/2007.

COMMITTEES AND ORGANIZATIONS

1/1/2022 - Practice and Community Improvement Project - *Initiative to Improve Community Education & Resources for Patients with hEDS and HSD* (in progress). Working with providers, therapists and patients in the Ann Arbor area to educate and support patients living with hEDS/HSD.

7/1/11 - 6/2013 **PM&R Medical Student Recruitment Committee Chair**, University of Michigan, Department of Physical Medicine and Rehabilitation, Ann Arbor, MI
Planned and coordinated multiple educational events for medical students.

7/2011 - 6/2013 **Education Committee**, faculty & resident group to improve residency education.
University of Michigan, Department of PM&R, Ann Arbor, MI
7/1/10 - 7/1/12 **Rehab in Review Editor and Contributor**, University of Michigan, Department of
PM&R, Ann Arbor, MI

CLINICAL & PROFESSIONAL DEVELOPMENT

11/10-11/12/23 Fascial Approach to Abdominal Viscera, Dublin, Ohio.
10/20-10/23/23 Phase 4 Biodynamics - Talent, Oregon
1/2023 Understanding Hypermobility series w/ Susi Hatley
1/2022 Healing & Revealing Human Potential series with Susi Hatley
6/2-6/6/22 Biobasics - Lincoln, NH
9/24-9/27/22 Phase 2 Biodynamics - Great Barrington, MA
3/18-3/20/22 Biodynamics Anatomy / Embryology review- Great Barrington MA
11/2021 Better Way to Flow: Preventing + Managing Yoga Injuries w/ Jason Crandell
9/17-9/20/21 Phase 1 Biodynamics - Great Barrington MA
1/2020 Yoga Therapy and the Older Adult series, w/ Susi Hatley.
4/12-4/16/18 Muscle Energy Part 1 – MSUCOM, East Lansing, MI
10/19-10/23/18 Cranialsacral Techniques – Part 2, MSUCOM, East Lansing, MI
3/22-3/25/18 AAO Convocation 2018, Dallas, TX
3/10-3/11/18 Dr. Sandweiss Lumbar/Pelvis Manipulation, Madison Heights, MI
2/8-2/11/18 Ozone Therapy and Prolozone course, Reno, NV
9/23-9/24/17 Fundamental of Musculoskeletal Ultrasound: Lower Extremity Course, Ann Arbor, MI
7/13-7/14/17 Detroit Regional Sports Medicine Symposium, Plymouth, MI
1/20-1/24/17 Cranialsacral Techniques - Part 1, MSUCOM, East Lansing, MI
5/21/2016 Still Technique, MSUCOM, East Lansing, MI
5/12/2016 Michigan Osteopathic Association, House of Delegates meeting, Dearborn, MI
10/21-10/24/15 Hackett Hemwall Prolotherapy Conference, Madison, WI
9/18-9/20/15 Functional Indirect Manipulation, MSUCOM, East Lansing, MI
4/9-4/12/15 AOAPRM Prolotherapy Conference, Naples, FL
4/8/15 AOAPRM – Musculoskeletal Ultrasound Conference, Naples, FL
10/25 – 10/29/14 AOA – OMED 2014, Seattle, WA
3/19- 3/23/14 AAO Convocation 2014, Colorado Springs, CO
2/14 - 2/19/14 Osteopathy in the Cranial Field, 40 hour Basic Course, Orlando, FL
11/15 - 11/16/13 Fascial Distortion Model, MSUCOM didactics, East Lansing, MI
10/1 - 10/3/13 AOA – OMED 2013, Las Vegas, NV
3/27 - 3/31/13 AAO Convocation 2013, Orlando, FL
11/14 - 11/18/12 AAPM&R 2012 Annual Assembly, Atlanta, Georgia
11/13 - 11/14/12 Hands-On Diagnostic Musculoskeletal Ultrasound Course - AAPMR, Atlanta, Georgia
7/1/11 - 7/1/12 Multidisciplinary Hand Conference, University of Michigan, Ann Arbor, MI
2010-2012 9th -11th Annual Theodore Cole Resident Research Day, University of Michigan
Department of Physical Medicine and Rehabilitation, Ann Arbor, MI
2011,2012 28th and 29th Annual James Rae Scientific Day and Lecture, University of Michigan
Department of Physical Medicine and Rehabilitation, Ann Arbor, MI
4/26/2012 Multidisciplinary Musculoskeletal Conference, University of Michigan
10/19/2010 University Research Corridor, Michigan State University, & Michigan CP Research
Consortium, Lansing, MI.
5/2007 Wilderness Trauma Life support 16-hour course, SOLO
2/2007 22nd Annual National Conference on Wilderness Medicine, Big Sky, MT